

Student: _____ Boy: _____ Girl: _____ Age: _____ Birth Date: ____/____/____
(Last name) (First name)

Mailing Address : _____
(Street) (City) (State) (Zip Code)

Most Accessible E-Mail _____@_____

Legal Guardian: _____ Cell #: _____

Legal Guardian: _____ Cell #: _____

Emergency Contact: _____ Phone #: _____

Medical Problems/Allergies: _____

How Did You Hear About Us? _____

Names of Siblings Enrolled + Ages: _____



GET READY FOR...

SPRING BREAK CAMP!

APRIL 18TH - 22ND
9AM - 1PM

Daily Schedule:
9:00am-10:30am - Gymnastics
10:30am-10:45am- Snack time
10:45pm-12:15pm- Gymnastics
12:15-1:00- Lunch + Movie time

Rate for the Week : \$220
Daily Rate: \$60

Sign up today! Spaces are limited.
Ages 4-13. Non-members welcome!

WWW.GYMNASTIKANJ.COM

Days Attending (please check days attending)

Full Week: \$220. Daily : \$60/day

Monday, 4/18: _____

Tuesday, 4/19: _____

Wednesday, 4/20: _____

Thursday, 4/21: _____

Friday, 4/22: _____

FULL WEEK: 4/18-22: _____

CAMP GUIDELINES AND SIGNATURE

As legal guardian of the above named student, I certify that he/she is physically fit to perform in all programs at Gymnastika Summer Weeks, is not currently under medical care, and is not receiving medication for any condition which would limit participation in any way, except as listed above. In understand that any condition involving motion or height contains the risk of accidental injury and this risk can never be totally eliminated, even under the supervision of properly trained and qualified instructors using modern and safely designed equipment. Gymnastika, its coaches and other staff members, will not accept responsibility for injuries sustained by any students during the course of gymnastics instruction, gymnastics games, or outside activities.

- There are no refunds for deposits or tuitions made for the Gymnastika Spring Week.

- There are no make-ups for missed practice days.

- You must complete a daily COVID-19 symptom check before practice begins and comply with Gymnastika's rules and procedure as stated below.

I have read and understood the guidelines for Gymnastika Summer Weeks contained above.

Legal Guardian's Signature

Date

GYMNASTIKA COVID-19 RULES AND PROCEDURES:

(subject to be changed / modified)

Keeping our athletes and coaches safe is our top priority!

Below are our rules and procedures that we will be following to keep everyone safe. Please understand that we cannot 100% prevent exposure to COVID-19, but we will 100% follow the rules and procedures as guided by the [CDC guidance for Youth Sports](#) and the NJ Department of Health.

When you come to gymnastics, there will be:

1. Check in at the front
2. 1 parent can stay and observe practice to limit the amount of people in the lobby.
3. Athletes will have their own area to place their things. Everything will have to be in their bag. Water will only be allowed (no sugary drinks). Camp athletes may bring their own lunch and snack.
4. Sanitizing of hands before entering the gym and after each station is completed during practice.
5. Masks will be mandatory in the lobby for everyone. Masks in the gym are optional for athletes when gates are open. Mandatory when closed. Coaches will wear masks in the gym when social distancing is difficult to maintain, i.e. when spotting, speaking to an athlete, etc..
6. "Hand washing time" will be staggered into practices several times. If the gymnast touches their face, coughs, sneezes, etc., they will be sent to wash their hands.
7. Spacers will be marked in the gym to help athletes stay apart.
8. Multiple sanitizing stations will be available throughout the facility.
9. Equipment will be sanitized and wiped down during practices.

PLEASE REMEMBER:

*If you feel sick or your child is sick, stay home!

Gym Updates:

1. Multiple cleaning stations have been added inside the gym facility that include, wipes, microfiber mops, Lysol, cleaning disinfectant and hand sanitizer- this will make cleaning quick and easily accessible.
2. Mats will be disinfected throughout the day.
3. 6 ft. marker spaces have been added all over the gym to keep distancing easier to follow.
4. Highly touched areas such as door knobs, faucets, toilets will be disinfected often in the lobby.

We ask our summer weekly athletes to bring:

1. Bag with water bottle that will not leak (water only, please).
2. Sanitizer for themselves.
3. Mask
4. Lunch and snack (food will not be served or provided by Gymnastika).
5. "Down time" item such as a favorite reading / coloring book.